

It has happened! People got healed by God, and then **they didn't know what to do** when the symptoms came back, and they lost their healing. It's happened to a lot of people, and it doesn't have to happen to you.

You are saved if you have accepted Jesus as your Savior and made Him your Lord. (Rom.10:8-11) If you have done that, you have authority over your own body and the devil! And you are going to have to use that authority to keep your healing ~ if Satan brings the symptoms back.

How to keep it

At the first sign of a symptom, you open your mouth and say, "No you don't, devil! God healed me, and you are not taking it away from me. In the name of Jesus, I command you to get out of here and take these symptoms with you; for it is written, 'By His stripes, I'm healed!'" (More healing verses are at the back.)

Then you praise God out-loud for your healing even if you still have symptoms! This is important! You may have to keep this up for a while before Satan gets the message. But it will work, and you will have kept your healing.

Fear is an enemy

Fear opens the door to Satan just like faith opens the door to God; Job 3:25. Many people have been totally healed from cancer, but because they had fear of its return, it was able to come back and kill them. In other cases, fear allowed another disease to come and kill them. (A brochure of mine that may help you with this is called, *Fear is not okay.*)

II Tim. 1:7, "God has not given us a spirit of fear, but of power, and of love, and of a sound mind."

I John 4:18, "There is no fear in love (verse 8 said God is love) but perfect (or full-grown) love casts out fear, because fear involves torment. But he who fears has not been made perfect in love."

To beat fear

I John 4:18 said that perfected love casts out fear. To conquer fear, you must renew your mind (Rom. 12:2) to the fact of God's love for you. Read I John for your daily Bible reading, and when you are done, start over again. Use different translations, and also go slowly and meditate, asking God to help you. Steps to follow are: 1. Memorize and meditate a few minutes each day on verses of God's love. 2: Write down compliments and actions of people showing you love. 3: Thank God for 1 & 2 before going to bed.

4: Rehearse in the morning, and say, "Thank You God for loving me." 5: Keep this up for 3-4 months.

Other enemies

Before I name them, you need to know that the New Testament command to love is the only commandment of the new covenant.

John 13:34-35, "A new commandment I give to you, that you **love one another** as I have loved you, ... By this shall all men know that you are my disciples if you have **love one to another.**"

Rom. 13:8-10, "...for he that loves another has fulfilled the law ...(all the Old Testament laws) are all summed up in this saying, namely, 'you shall love your neighbor as yourself.' Love does no harm to a neighbor; therefore, **love is the fulfillment of the law.**"

I Cor. 13:4-8 describes God's love. It is very different from human love! God's love is kind and is good to people even if they are bad to you. God's love forgives and forgets the bad done to it.

Now to the enemies that can make you sick and shorten your life: ~ Briefly, anything that is not God's kind of love! You see, any act that isn't love allows the devil access into your life! Eph. 4:27 says to give him no place!

Daily habits

In John 15 Jesus told His disciples that He is the vine and they are branches. Just as a branch cannot produce grapes unless it is growing from the vine, neither can our lives amount to much without this vital connection to the vine, Jesus. So how do we maintain a good connection?

u **Daily spend time reading in the Bible.**

Psa.1:1-3 says the blessed person stays away from evil things, and loves the Word of God and spends a lot of time in it. That makes him like a tree planted by a stream so that it always does well. Josh.1:8 agrees. If this is new for you, begin with the books of John and I John. Read them slowly and many times, praying for understanding.

u **Daily spend time alone in prayer.**

When Jesus was on earth, He used to get up before daylight and pray. This habit is vital but it will not be easy for Satan hates it! A helpful brochure is *How do I get my prayers answered?* Matt.6:5-13 gives a guide or outline to follow. Begin with five minutes and it will increase. Don't consider this a law, but a relationship to build with your heavenly Father who loves you so much!

Here are some examples: Carrying grudges and not forgiving and forgetting past hurts. Being critical, talking bad about anybody ~ even if it's true and even if they deserve it! Getting mad and not talking, or doing other things to punish the one that hurt you. Matt. 6:14-15 and Mark 11:24 both tell the vital importance of forgiving others all the time. There are testimonies of people getting healed as soon as they forgave in their hearts! After forgiving, pray good things for the person until love comes into your heart for them.

Another thing that must not be allowed in your heart is worries. For help, get my brochure called *How to use your Sword and Shield*. For maximum health, our hearts and minds must be kept at peace, with no worries or anxieties. Phil. 4:6-8, Col.3:1-2, and Rom. 8:5-6.

Here are a few healing verses that can be used when demanding that Satan leave you alone in the area of health.

I Pet.2:24, "By His stripes, I was healed." Ex. 15:26, "I, the Lord, am your Healer." Psa. 107:20, "He sent His Word and healed them." III John 2, "Beloved, I wish above all things that you would prosper and be in health ..." Prov. 18:21, "Death and life are in the power of the tongue." (Not God's tongue, but yours!) Brochures of mine that will help you maintain your health are: *You can be healed*, and, *If it's God's will, then why doesn't it always happen?*

How To Keep Your Healing



**A mini Bible Study
By Cheryl Boone
Healing Lost**