

## NO FEAR HERE!

God does not want us to have any fear ~ none at all. Fear is of the devil. II Tim. 1:7, “God has not given us a spirit of fear, but of love, and of power, and of a sound mind.”

Rev. 21:7-8, “He who overcomes shall inherit all things, and I will be his God and he shall be My son. But the **fearful**, unbelieving, and the abominable, and murderers, and sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.”

Did you notice what God lists with fear?

I John 4:18, “There is no fear in love, but perfect love casts out fear, because fear has torment. But he who fears has not been made perfect in love.” And 4:8 says, “God is love,” so that means there is no fear in God!

## IT'S A GROWING THING

When you know how much God loves you, all fear vanishes. If you have any worry, anxieties, or dread, then you need to work on reprogramming your mind (Rom.12:2) to God's love. Two helpful brochures: *God Loves Me & Trusting God*. This is something you must do. Steps to increase God's love in your heart are on the back under *How to get rid of fear*.

Incidentally, when teaching young

children safety, don't use fear words. Teach wisdom! When I first heard this, I wondered how I would get rid of hic-ups. When I was a child, my folks used to scare them away. But into my thoughts God said, “You can command them away.” So now I command them to stop, say two healing verses, praise God that I'm healed, and continue praising until they stop. One time they refused, so finally I said firmly, “I will praise God I'm healed, no matter how long it takes!” And they stopped!

## FEAR IS LIKE FAITH

Both are spiritual forces but are opposites. Faith connects us with God, Heb. 4:2, Eph. 1:19, Mark 9:23. And fear connects us with the devil. Let's look at a few of these verses:

In Matt. 14:25-33 is the story of Peter walking on the water to Jesus. He was doing just fine as long as he kept his attention on Jesus. But as soon as he looked around he got scared, and then is when he began to sink. Fear made him sink.

Job 3:25, Job said, “The thing I greatly feared has come upon me, and what I dreaded has happened to me.”

Isa. 54:14, “In righteousness you shall be established; you shall be far from oppression for you shall not fear.”

In Mark 5:22-24, an important man named Jairus had a twelve-year-old daughter who was dying. Jairus came to Jesus and made

a bold statement of faith. (verse 23) “Come and lay your hands on her that she may be healed, and she shall live.” Jesus followed him to his house, but before he got there, a servant came and told Jairus, “your daughter is dead. Don't trouble the Master any further.” But Jesus turned to Jairus and said, “**Do not be afraid; only believe**.” See, Jairus had begun in faith, and fear would have stopped the miracle from happening. Didn't fear make Peter sink? Didn't Job's fears happen?

## HOW FEAR COMES

Faith comes by hearing the Word of God, Rom. 10:17. And fear comes by listening to the world or the devil. Fear is developed by meditating on those. That's called worry. You are believing something bad is going to happen. That's faith in the devil's ability to hurt you. It's the same as faith ~ only twisted and going in the other direction. That's what the devil does. Faith expects good; fear expects bad. Faith connects you with the power of God; fear connects you with the power of the devil. Faith stops the devil's work; fear stops God's work. According to I Cor. 10:4 -5, you can control your thoughts and choose faith ~ and that will get rid of fear. I have a brochure on how to control thoughts and emotions. It's called *How to use your sword and shield*.

## HOW TO GET RID OF FEAR

First, Make a quality decision. “I am going to grow up in God and get rid of fear!”

Then start the process of renewing your mind (Rom. 12:2) to the fact that God loves you. 1: Meditate a few minutes each day on verses of God’s love. (You can use my brochure called, *God Loves Me*.) 2: Write down compliments and actions of people that show you love. 3: Thank God for those people and verses before going to bed. 4: Rehearse in the morning, and say, “Thank You God for loving me.” 5: Keep this up for 3-4 months or longer. This must become a habit. This will break a worry habit ~ which is fear.

Another facet of renewing your mind is to God’s ways. Read primarily the letters, Romans through Jude. If this is new to you, read John and I John many times before you read anything else. We win or lose in our minds.

Then you need to build some boundaries. Get away from words and things that produce or feed fear. “I can’t say that anymore. I can’t go there, and I can’t do that now, or watch those shows.”

Now consider your diet. Are you feeding fear into your mind by your words or what you read or watch? Are the people you hang around with all immature? Are you exercising your faith? You should be

practicing saying faith words a lot ~ like the *Sword and Shield* brochure says.

Last, learn to be led by the Word of God and the Holy Spirit. (Matt. 7:21, 24-27, and Rom. 8:14.) But you need to know that this is not going to be easy, for all hell is going to try to stop you in this. But it is surely worth it!

### THE FAITH WAY:

When fear comes, you’ll refuse it by speaking the Word until it’s gone. When the devil threatens your marriage or kids, you’ll know how to make him leave and speak peace to your household. When sickness comes around, you’ll stand against it and stay well; you’ll win. Because of the faith confessions of your mouth, you’ll live long and healthy. You’ll succeed at everything you do, and be rescued and protected no matter what happens. You’ll be happy and living in God’s perfect and wonderful plan for your life. And you’ll also have plenty of opportunities to witness because people will want to be like you!

Please realize that I didn’t say you’ll never have any problems, but that we will be able to win! (To find verses to prove all of these claims, get my brochure *Faith Facts*. To get explanations with fewer verses, get *If it’s God’s will, then why doesn’t it always happen?*)

# Fear

Is not  
OKAY!



A mini Bible Study  
By Cheryl Boone